

# Herefordshire Rural Hub

Helping Rural Businesses Thrive

## January 2020 Newsletter

### Herefordshire Rural Hub CIC

Agriculture House  
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Tel: 01432 268 428

### Co-ordinator

**Caron Johnson**

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### Administrator

**Frances Keogh**

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### Event bookings

Tel: 01432 353 465

[bookings@herefordshireruralhub.co.uk](mailto:bookings@herefordshireruralhub.co.uk)

### Hub Directors

Liz Lloyd (Chair)  
Chris England  
Christine Hope  
Cathy Meredith  
Dan Robertson  
Kate Speke

### Hub Hot Group

*The Directors and .....*  
Jenny Beard  
Ben Corbett  
Paul Crumpton  
Catherine Every  
Charlotte Gibb  
Clare Greener  
Caron Johnson  
Rachel Jones  
Frances Keogh  
Andy Offer  
Julian Partridge  
Nick Read

### Disclaimer

*The Herefordshire Rural Hub  
accepts no liability for  
any direct, indirect or  
consequential loss  
arising from any action  
taken in reliance on the  
information contained  
in this newsletter.*



*Frances, Caron, and the  
Herefordshire Rural  
Hub Directors would  
like to wish you all a  
very Happy, Healthy  
and Peaceful Christmas  
and New Year*

Please note that Caron and  
Frances will be taking a break  
from the Hub office from  
Monday 23<sup>rd</sup> December until  
Friday 3<sup>rd</sup> January, & will have  
only limited access to emails  
over the holiday period.



**Thank you to all our newsletter contributors and  
readers ... it would not happen without you !**

**Thank you to our “Go To Businesses” who can be found  
on our website at**

[www.herefordshireruralhub.co.uk/go-to-businesses/](http://www.herefordshireruralhub.co.uk/go-to-businesses/)

**Berrys --- DJM Consulting --- Moule & Co  
Hope to Achieve --- 7Y Training --- CXCS  
Davis Meade Property Consultants  
Lanyon Bowdler Solicitors  
Mortimer Rose Wealth Management**

*If you would like to be a “Go to Business” go to:-*

<http://www.herefordshireruralhub.co.uk/apply-become-go-business/>

or contact Frances for more information –

Email [admin@herefordshireruralhub.co.uk](mailto:admin@herefordshireruralhub.co.uk)

**The Farmers Weekly Awards 2020** open for nominations

<https://www.fwi.co.uk/ms/events/farmers-weekly-awards/nominate-now/>

**The Rural Business Awards** open for entries

<https://www.ruralbusinessawards.co.uk/enter-2020/>

**FSB “Celebrating Small Business Awards”** open for entries

<https://www.fsbawards.co.uk/>

## Cross Compliance 2020 in England

<https://www.gov.uk/guidance/guide-to-cross-compliance-in-england-2020>

### RDPE Growth Programme

The Business Development, Food Processing and Rural Tourism Infrastructure grants are now open to new applications. You must submit an Expression of Interest (EOI) form before midnight on 16<sup>th</sup> February 2020.

You could be eligible for a Growth Programme grant if your business is carrying out a project to create jobs or bring more money into the rural economy.

There are 3 types of grant: Business development <> Food processing <> Rural tourism infrastructure

**If you are interested in applying for this grant there is a workshop coming up in Herefordshire with the RPA**

To be held at the **Marches Growth Hub, Hereford Business Solutions Centre, Skylon Court, Rotherwas, Hereford**

**Monday 13<sup>th</sup> January, 2020** between 2.00 p.m. and 4.00 p.m. Click [HERE](#) for details

In the meantime, should you wish to submit an Expression of Interest or find out more, you can find the forms, guidance notes and relevant handbooks [HERE](#)

If you have any queries regarding eligibility or questions about the application process, please contact:

Rural Payments Agency helpline : 03000 200 301 Email: [GPEnquiries@rpa.gov.uk](mailto:GPEnquiries@rpa.gov.uk)



**If you have applied for Countryside Stewardship you may be wondering what happens next....**



**If you're already in Mid-Tier, or still waiting to hear, we want to help make managing these options easier!**

#### Traditional Orchard Options

**Tuesday 7<sup>th</sup> January 2020**

**12.30 – 3pm with lunch on arrival**

**at Lower Chilstone Court, Madley, HR2 9PW**

*(by kind permission Andrew & Juliette Johnson)*

**Join us on a farm walk with John Worle to discuss:**

- ongoing traditional orchard management
- restorative pruning techniques
- how to source, plant, guard and look after young trees
- stewardship & evidence collection requirements

#### Managing your Stewardship Scheme

**Tuesday 28<sup>th</sup> January 2020**

**12.30 – 3pm with lunch on arrival**

**At Stanley Bank Farm, Kimbolton, Leominster,**

**HR6 0EW** *(by kind permission of the Duggan Family)*

**Join us on a farm walk to discuss:**

- Livestock record keeping requirements
- Establishing & managing winter bird food mixes
- Establishing & managing pollen nectar mixes
- Managing buffer strips
- Capital Works
- Claim process
- Evidence requirements

**Please bring wellies!**



**Book your place through Herefordshire Rural Hub**

**Please give your SBI number and your Countryside Stewardship Agreement or Application number when booking**

Email: [bookings@herefordshireruralhub.co.uk](mailto:bookings@herefordshireruralhub.co.uk) or telephone **01432 353465**

### AHDB Tyres, Traction & Compaction Event

**An interactive event for farmers growing grass, cereals or potatoes**

**Thursday 9<sup>th</sup> January 2020, 1:00pm (Lunch included)** at Hereford Racecourse, Roman Road, Hereford, HR4 9QU

- Tyre Choice: latest tyre technology explained
- How to balance weight, ballast and pressures
- Improve traction and work rates, save fuel
- Reduce damage to soils /minimise costly subsequent corrective cultivations/ improve yields
- Practical weigh cell/pressure demonstration

**Kate Adams, Wye & Usk Foundation; Harry Henderson, AHDB; Mark Stalham, NIAB; Charlie Morgan, GrassMaster & Michelin Tyres Demonstration**

Book on: [Richard.meredith@ahdb.org.uk](mailto:Richard.meredith@ahdb.org.uk) or **07717 493015**

**Herefordshire Grassland Society**  
**Herefordshire Meadows Group "Meadows and herbal leys in profitable farming"**

**Hereford Market, The Livestock Centre, Roman Road, Hereford, HR4 7AN**

**Tuesday 14th Jan 2020, 7.30pm** *Tea & coffee served before the meeting, and light refreshments after.*

All welcome – contact Andrew Edwards (HGS Secretary)

[a.edwards@sunderlands.co.uk](mailto:a.edwards@sunderlands.co.uk) or [d.griffiths@sunderlands.co.uk](mailto:d.griffiths@sunderlands.co.uk) Tel: 01432 356161 or 07825 066859

It is also the **Winter Maize & Grass Silage** Competition Night

**Please bring silage samples to meeting for LIVE judging**

*This meeting is sponsored by Carrs Billington* [www.carrs.billington.com](http://www.carrs.billington.com)

Luke Thompson Tel: 07951 457 875 Email: [Luke.thompson@carrs.billington.com](mailto:Luke.thompson@carrs.billington.com)

**FREE CYBER SECURITY TRAINING !!**

- Why wait to discover your computer system has been hacked or your bank account compromised due to a breach of your online security.
- Can your business survive a cyber-attack? Have you ever wondered how your organisation would respond if suddenly there was no IT available? Are you prepared for when this happens?
- As part of the Police and Crime Commissioner's commitment to make businesses safer, he is offering FREE interactive sessions, to keep you and your customers safe.

**Tuesday 21st January 2020, 10am - 2pm (Two sessions available, one morning & one afternoon)**

**Hereford Business Solutions Centre, Coldnose Road, Hereford, HR2 6JS**

Representatives from West Mercia Police, University of Wolverhampton and the Cyber Quarter, Chamber of Commerce, Natwest, Sutcliffe Insurance, IASME, Growth Hub and Fastershire will also be on hand to offer advice, **plus FREE Smartwater** packs to protect your home and business AND you get to meet me (Paul Crumpton) so it's all good !

Find out more and register via Eventbrite:

Morning: <https://www.eventbrite.co.uk/e/cyber-crime-business-event-morning-session-tickets-85959387843>

Lunchtime: <https://www.eventbrite.co.uk/e/cyber-crime-business-event-lunchtime-session-tickets-85960876295>

Paul CRUMPTON, Rural & Business Crime Officer (Crime Prevention) HEREFORDSHIRE, West Mercia Police  
Internal 4408, External 101 then 4408, **07773 044781**, [Paul.crumpton@westmercia.pnn.police.uk](mailto:Paul.crumpton@westmercia.pnn.police.uk)



**Have a question about Rural Crime in Your Community?**

**Drop in to the Police and Crime Commissioner's Rural Focus Surgery**

**Thursday 23<sup>rd</sup> January 2020**

**12.30-2.30pm**

**Withington Village Hall, Coppice Close, Hereford HR1 3PP**

The Commissioner and representatives from his team, will meet with you on a one to one basis, to discuss any concerns or issues, so action can be taken.

Plus valuable crime prevention tips and advice from specialist Rural and Business Officers and local policing teams, as well as the opportunity to collect a free Smartwater crime prevention pack, to protect your home or business.



**John Campion**  
Police and Crime Commissioner  
West Mercia

*Building a safer West Mercia*

[@WestMerciaPCC](https://twitter.com/WestMerciaPCC) [f West Mercia PCC](https://www.facebook.com/WestMerciaPCC)  
[www.westmercia-pcc.gov.uk](http://www.westmercia-pcc.gov.uk)

**Oxford Farming Conference**

7<sup>th</sup> – 9<sup>th</sup> January <https://www.ofc.org.uk/>

**LAMMA Show**

7<sup>th</sup> – 8<sup>th</sup> January, NEC Birmingham

<https://www.lammashow.com/>

**British Cattle Breeders Conference**

20<sup>th</sup> – 22<sup>nd</sup> January, Telford

<https://www.cattlebreeders.org.uk/conference/>

**Dairy Tech**

5<sup>th</sup> February, Stoneleigh Park, Coventry

<https://dairy-tech.uk/>

**Spring Tractor World Show**

22<sup>nd</sup> – 23<sup>rd</sup> February, Three Counties Showground, Malvern

<http://www.tractorworldshows.co.uk/spring-tractor-world-classic-commercial-show>

## West Agronomy 2020 - AHDB – Focus on Cereals & Potatoes

Three Counties Showground, Malvern, WR13 6NW

11<sup>th</sup> February 2020

Full details at:-

<https://herefordshireruralhub.co.uk/whats-on/west-agronomy-2020-cereals-potatoes/>

### Big Farm Bird Count 7 – 16 February 2020

Time to start planning the Big Farmland Bird Count (BFBC) back for the 7<sup>th</sup> year.

This nationwide citizen science project takes just 30 minutes spotting birds on your land and is a great opportunity of showing what your conservation efforts deliver on the ground. GWCT who run the count hope that it will act as a catalyst for you to start building your own long-standing wildlife records.

#### How to take part in three simple steps

- 1) Download your count sheet from the BFBC website [www.bfbc.org.uk](http://www.bfbc.org.uk)
- 2) Count your birds! On a day between 7<sup>th</sup> and 16<sup>th</sup> February, spend about 30 minutes recording the species and number of birds seen on one particular area of the farm.
- 3) Once you've completed your count, simply submit your results at [www.bfbc.org.uk](http://www.bfbc.org.uk)

**It's a great chance for local birders and farmers to team up and do the survey together.**

If you want help to find someone to collaborate with please contact **Tony Norman** Email: [tony@theleen.co.uk](mailto:tony@theleen.co.uk)

### The Wye & Usk Foundation – Here to Help - update on the projects running in Herefordshire!

- **Natural Flood Management:** Our advisers are still working with landowners in target catchments to help deliver NFM interventions. There is grant available to support delivery of recommendations and so far this has funded grassland aeration, subsoiling, cover cropping, attenuation ponds, hedge planting and leaky dams for the farmers that have already got involved! The target catchments are the Dulas, Bodenham, Pentoloe, Tedstone, Cheaton, Ridgemoor, Yazor and Red/Twyford Brook. If you farm in one of the target catchments and would like to find out more please call one of our advisers or visit: <https://www.herefordshire.gov.uk/info/200196/roads/345/flooding/6>
- **Pesticides:** Severn Trent Water are funding their **STEPS Grant Scheme** in the Wye for the first time this year. It is restricted to the **Drinking Water Safe Guarding Zone** which follows the main rivers so if you farm on the main stem of the Wye, Lugg or Frome and would like to improve a pesticide handling area or biobed/biofilter please contact Mike or Abi on the details below. STEPS is a competitive scheme and the application window opens in November. The scheme can also support biodiversity options like buffer strips, winter bird food and pollen mixes.
- **Water Quality:** The levels of phosphate in the rivers and streams is still higher than it should be and we are working hard to support local farmers to reduce losses from agricultural sources – which still contributes 50% of the P in our rivers. We are able to provide free confidential farm advice for any yard or land management challenges you may be facing. We can provide soil structure assessments, OM testing, yard advice, stewardship advice... the list goes on!
- **Stewardship Schemes:** We had a busy summer assisting with Stewardship applications – this year we helped to apply for over £4million worth of field options and capital items which will provide for wildlife and deliver benefits to our rivers across the county.
- **Our Advisers:** Kate, Mike, Lucinda, Tom, Jonny & Abi all working across Herefordshire. Two advisers work in the Welsh Wye. We have three advisers for the Wye Valley AONB & Herefordshire Wildlife Trust – Ben Nott, Rebecca Meredith, Claire Spicer.  
**For more information or to request a visit please contact one of the WUF advisers: Kate Adams (07766 330 959) Lucinda Lewis (07824 904 877); Mike Williams (07920 441 215); Tom Jolley (07545 253 155); Jonny Pugh (07825 743 447) Abi Croshaw (07990 068941); Ben Nott (07970 177319); Rebecca Meredith (07539 902681); Claire Spicer (07741 856770)**

### Catchment Sensitive Farming (CSF)

**Water Quality** - We continue to offer farm visits, advice and grant support on priority holdings to help improve water quality and water management on your holdings.

**New! Air Quality Advice** - Would you like to understand why air quality is the next big issue for farming and what you can do to reduce emissions from your farm? Following the launch of Defra's Clean Air Strategy in 2019 CSF are offering advice and events on improving air quality and reducing ammonia emissions, in addition to their current advice on water quality. If you are a dairy, beef or free range poultry unit (less than 40,000 birds) and would be interested in hearing more, please contact your local Catchment Sensitive Farming Officer (CSFO).

**Specialist Advice Visits** - Catchment Sensitive Farmers Officers (CSFO) are now able to offer around thirty different specialist advice visits for priority farms within the Wye catchment. Several of these are new to the project, having been designed to meet industry demands. These include:

**Assessment and Monitoring of Soil Health** - An in-depth assessment of soil health through a combination of approaches, including detailed soil nutrient analysis, profile and field examination. Recommendations will be provided to help improve soil condition, increase plant growth and reduce erosion, weed, pest and disease problems, while improving air and water quality.

**Water Resources Audit** - Would you like to improve your farm's resilience to drought, regulatory changes and identify options for the most effective water storage and efficiencies? This new visit will advise on water resource risks and make detailed, farm-specific recommendations on options to ensure water resilience and efficiency.

**Woodland for Water and Air** - This visit will investigate whether woodland creation or management on your farm could provide additional benefits for water and air quality, as well as business opportunities (e.g. wood fuels, stock shelter). Bespoke advice will also be given on location and design of woodland or tree planting, and available grants

#### CSFO Contact details

##### River Wye

South of A438 - Rachel Bosanquet; tel: 07770 331 669  
Kate Gamez tel :07747 485136

North of A438 - Sue Buckingham; tel: 07833 095 708

##### River Teme

Sally Powell; tel: 07770 645 037

Wayne Davies, tel: 01588 640 980

James Griffiths tel: 07812 240896

### Herefordshire Federation of Young Farmers Clubs - January events

**Teme Valley YFC Tractor Run – Sunday 12<sup>th</sup> January – contact Hannah Mason 07837 750179**

**First Aid at Work Training £37.50 Contact George Goring 07812 029635 or the County office**

For more details visit [www.hfyfc.org.uk](http://www.hfyfc.org.uk) or the contact the County Office Tel: **01432 274187** Email: [countyadmin@hfyfc.org.uk](mailto:countyadmin@hfyfc.org.uk)

**Hereford & Worcester Fire and Rescue Service provide fire safety advice to everyone. A Safe and Well Check can be carried out for the more vulnerable such as the elderly, people living alone and those with reduced mobility.**



#### **What is a Safe and Well Check?**

A Safe and Well Check is a **FREE** home safety visit that is tailored to an individual's needs.

The visit includes a home safety check to help reduce the risk of fire in the home, including the checking and fitting of smoke alarms where required. This includes alarms suitable for those with a hearing impairment and giving advice on a fire escape plan. It will also identify any health and care needs that require signposting to local services to help ensure safety and wellbeing. A Safe and Well Check maximises the opportunity to help individuals stay safe and independent and include advice on the following:

**Fire safety in the home**  
**Social Isolation and loneliness**

**Falls prevention**  
**Crime prevention**

**Winter Warmth**  
**Smoking**

#### **How can I arrange a Visit?**

Contact our Community Risk team via our on-line form (Link Below) or call **0800 032 1155** for advice.

<http://www.hwfire.org.uk/safety-and-advice/home-safety/safe-and-well-check/request-a-safe-and-well-check/>

### **The Jack Hughes Fund - administered by Herefordshire Community Foundation**

From September 1<sup>st</sup> 2019 the Jack Hughes Fund has been extended to staff aged over 40 years working on a **Herefordshire** farm. The amount of funding available still remains up to a maximum of £70% of the course but has been increased to an overall maximum of £200.

**The programme is available for farmers and farm staff aged over 40** (limited to one family member/employee per farming business per year).

It will specifically provide funds to support those who require:

- retraining or upskilling as they are leaving the industry
- training to support a new farm diversification enterprise
- training or business support for succession planning

**Funding will also be available for farm related training courses (examples below)**

- Safe use of pesticides – PA1, PA2, PA6
- Rodent control on farms
- Emergency first aid
- Food safety (Basic Food Hygiene)
- Chainsaw Maintenance & Cross Cutting (CS30)

**Other courses will be considered on application**

**The funding is easy to access, but please note that the project will not support training retrospectively & places will be limited.**

**Applicants need to be resident in Herefordshire.**

For further details or an application form contact:- **Herefordshire Community Foundation**

The Fred Bulmer Centre, Wall Street, Hereford, HR4 9HP. Email: [administrator@herefordshirecf.org](mailto:administrator@herefordshirecf.org) Phone: 01432 272550

Website: [www.herefordshirefoundation.org](http://www.herefordshirefoundation.org)

## The Prince's Countryside Fund

The Herefordshire Federation of Young Farmers' Clubs (HFYFC) working in partnership with Herefordshire Rural Hub have secured funding to provide support for training in a **rurally based career** to the end of December 2019. The funding is easy to access. All you need to do is select which course you would like to go on and complete the application form. If your application is approved you will be able to reclaim **70%** of your training and test costs, up to a maximum of **£250**. **Applicants must be a current member of HFYFC or a past HFYFC member (up to 40 yrs old).**

The fund will support training that will; **improve your employability, increase or improve your skill set, improve your safety or allow you to undertake extra responsibility in your current job.**

Some examples of training that has been funded so far:- **B+E Trailer, Chainsaw Certification, Pesticide Applications, Shearing, Artificial Insemination, Tractor Driving, Forklift Truck Driving, Rodent Control** and many more



Whatever training you are applying for, **please ensure that you submit your application in good time before your course is due to take place, as training cannot be funded retrospectively.**

For further details and an application form, contact:- **Herefordshire Rural Hub CIC**,  
Agriculture House, Beech Business Park, Tillington Road, Hereford, HR4 9QJ  
Email: [admin@herefordshireruralhub.co.uk](mailto:admin@herefordshireruralhub.co.uk) Tel: **01432 268 428**



## FREE Monthly Computer and Internet Workshops for Beginners at Herefordshire Libraries



**\*\* Booking is essential for these FREE Fastershire workshops \*\***

### How to use your Tablet

Learn the basics of how to use your tablet, from learning about apps, picking-up emails, using the internet and how to connect to free Wi-Fi at the Library. *Bring your own tablet.*

**Hereford Library, Mon 13<sup>th</sup> January, 11am-1pm** Book at Hereford Library or 01432 383600 or [herefordlibrary@herefordshire.gov.uk](mailto:herefordlibrary@herefordshire.gov.uk)

**Kington Library, Tues 14<sup>th</sup> January, 10am-12pm** Book at Kington Library or 01432 260600 or [kingtonlibrary@herefordshire.gov.uk](mailto:kingtonlibrary@herefordshire.gov.uk)

**Leominster Library Thurs 16<sup>th</sup> January, 10am-12pm** Book at Leoms Library or 01432 383290 [leominsterlibrary@herefordshire.gov.uk](mailto:leominsterlibrary@herefordshire.gov.uk)

### Staying Safe Online – Ledbury Library Tuesday 21<sup>st</sup> January, 4pm to 6pm

How to make sure your computer is secure, send and received emails and attachments.

Book at Ledbury Library or on 01432 383499 or [ledburylibrary@herefordshire.gov.uk](mailto:ledburylibrary@herefordshire.gov.uk)

### How to use your Smartphone – at Ross-on-Wye Library Tuesday 28<sup>th</sup> January, 5pm to 7pm

Learn the basics of how to use your smartphone, from apps, picking up emails, using the internet and connecting to the Library Wi-Fi.

**Bring your own smartphone.**

Book at Ross-on-Wye Library or on 01432 383280 or [rosslibrary@herefordshire.gov.uk](mailto:rosslibrary@herefordshire.gov.uk)

These free monthly workshops are provided by Fastershire – the partnership between Herefordshire Council and Gloucestershire County Council to bring faster broadband to the two counties. [www.fastershire.com](http://www.fastershire.com)

## Are you unsure about details of rules or regulations? Need help with understanding record keeping?

- **Farming Advice Service** Email: [advice@farmingadvice.service.org.uk](mailto:advice@farmingadvice.service.org.uk) website: [www.farmingadvice.service.org.uk](http://www.farmingadvice.service.org.uk)  
The Rural Services Helpline **03000 200 301** provides a single number for all **Farming Advice Service, Rural Payments Agency** or **Animal and Plant Health Agency (APHA)** enquiries. It is open from Monday to Friday, 8.30am till 5pm.
- **Natural England** 0300 060 1115 [enquiries@naturalengland.org.uk](mailto:enquiries@naturalengland.org.uk)
- **Environment Agency** Sharon Chisholm (Mon, Tues, Weds) Tel: 02030 251692  
Email: [sharon.chisholm@environment-agency.gov.uk](mailto:sharon.chisholm@environment-agency.gov.uk)
- **N.F.U. (Herefordshire)** Clare Greener Tel: 01432 807464 Mob: 07771 626080 Email: [Clare.Greener@nfu.org.uk](mailto:Clare.Greener@nfu.org.uk)
- **C.L.A. (Midlands)** Helen Dale Tel: 01785 337010 Email: [helen.dale@cla.org.uk](mailto:helen.dale@cla.org.uk)
- **Animal Health & Trading Standards (Herefordshire)** Tim Barber Tel: 01432 383145 Fax: 01432 383169

## Could you or someone you know benefit from support:-

- **Farming Community Network** 03000 111 999 website: <http://www.fcn.org.uk/>
- **Royal Agricultural Benevolent Institution (RABI)** 0808 2819490 website: <http://www.rabi.org.uk/>
- **Borderlands Rural Chaplaincy** 07966 927404 website: [www.borderchaplain.org](http://www.borderchaplain.org)
- **You Are Not Alone (YANA)** 0300 323 0400 website: [www.yanahelp.org/](http://www.yanahelp.org/)
- **Farming Help** 0845 367 9990 website: [www.farminghelp.org.uk/](http://www.farminghelp.org.uk/)
- **Addington Fund** 01926 620 135 website: [www.addingtonfund.org.uk/](http://www.addingtonfund.org.uk/)
- **Herefordshire Samaritans** website: [www.samaritans.org/branches/herefordshire-samaritans](http://www.samaritans.org/branches/herefordshire-samaritans)
- **Carerstrust 4 All – Hereford CarerLinks** 01432 663057 website: [www.carerstrust4all.org.uk](http://www.carerstrust4all.org.uk)

Thank you to the WM Police Safer Neighbourhood Team in Leominster for ...

... **"The Twelve Scams of Christmas"**



On the twelfth day of Christmas, the scammer sent to me:

Twelve fake bills and invoices

Eleven problems with your broadband

Ten ways to claim a refund

Nine bogus callers

Eight spoof websites

Seven begging letters

Six fake police officers

Five INTERNATIONAL calls

Four problems with your bank

Three dodgy emails

Two identity thefts

You owe a debt to HMRC



### St Michaels Hospice

Join with colleagues and experience the beauty of the Welsh mountains during The Black Mountains Trek on Saturday 7<sup>th</sup> March. The challenging 30km walk is marshalled by the Longtown Mountain Rescue Team and takes in some of the most dramatic scenery around, with funds coming to St Michael's Hospice.

If you're after something a little closer to home, the Hospice's Big Spring Walk takes place a fortnight later, on Sunday 22<sup>nd</sup> March. A new starting point beside Hereford Rowing Club means four routes will now take walkers to the west of the city.

Choose from a 2.5K, 5.5K, 12.5K or 17.5K and enjoy a Sunday morning stroll through the green and pleasant land we call home.

Entry is free but we do invite walkers to get sponsored.

To sign up to The Black Mountains Trek or the Big Spring Walk, visit [www.st-michaels-hospice.org.uk/events](http://www.st-michaels-hospice.org.uk/events)

### Wyvern Training Ltd

Email: [enquiries@wyverntrainingservices.com](mailto:enquiries@wyverntrainingservices.com) Tel: 07468 465 303 Website: [www.wyvernts-ltd.co.uk](http://www.wyvernts-ltd.co.uk)

|                                                       |                                             |                           |
|-------------------------------------------------------|---------------------------------------------|---------------------------|
| Emergency First Aid at Work                           | 21 <sup>st</sup> January                    | 18 <sup>th</sup> February |
| First Aid at Work refresher (2 days)                  | 20 <sup>th</sup> – 21 <sup>st</sup> January |                           |
| Industrial Masted Counterbalance Lift Truck refresher | 24 <sup>th</sup> January                    |                           |
| ATV Sit-Astride refresher                             | 27 <sup>th</sup> January                    |                           |
| First Aid at Work (3 days)                            | 27 <sup>th</sup> – 29 <sup>th</sup> January |                           |
| ATV Sit-In refresher                                  | 28 <sup>th</sup> January                    |                           |
| Rough Terrain Telescopic Lift Truck                   | 6 <sup>th</sup> February                    |                           |
| PA1 Safe Use of Pesticides                            | 11 <sup>th</sup> February                   |                           |
| PA6 Pesticides Hand-held Applicators                  | 24 <sup>th</sup> February                   |                           |
| Rodent Control on farms                               | 11 <sup>th</sup> February                   | 4 <sup>th</sup> March     |
| Rough Terrain Telescopic – Novice course              | 4 <sup>th</sup> – 5 <sup>th</sup> March     |                           |
| PA3A Air Blast Sprayers                               | 5 <sup>th</sup> March                       |                           |
| Rough Terrain Telescopic refresher                    | 6 <sup>th</sup> March                       |                           |

Courses also being planned – please call for details

Tractor Driving refresher (experienced drivers only) <> Driving on slopes <> Abrasive Wheels

PA3A & PA3B Air Blast Sprayers and variable geometry <> PA4S

## Herefordshire & Ludlow College

Tel: 0800 032 1986 Email: [enquiries@hlcollege.ac.uk](mailto:enquiries@hlcollege.ac.uk) Website: [www.hlcollege.ac.uk](http://www.hlcollege.ac.uk)

All courses are held at Holme Lacy Campus, Holme Lacy, HR2 6LL

| Course                                                                  | Dates                                                                                 |
|-------------------------------------------------------------------------|---------------------------------------------------------------------------------------|
| CS30 Chainsaw Maintenance & Cross Cutting 2 days + assessment           | 2 <sup>nd</sup> – 3 <sup>rd</sup> March                                               |
| CS31 Felling & Processing Trees up to 380mm 3 days + assessment         | 3 <sup>rd</sup> – 5 <sup>th</sup> February                                            |
| CS30/31 CM & CC, Felling up to 380mm 5 days + assessment                | 24 <sup>th</sup> – 28 <sup>th</sup> February                                          |
| CS32 Felling & Processing Trees over 380mm 3 days + assessment          | 4 <sup>th</sup> – 6 <sup>th</sup> March                                               |
| CS38 Accessing a tree using a rope and harness 5 days + assessment      | 17 <sup>th</sup> – 21 <sup>st</sup> February 9 <sup>th</sup> – 13 <sup>th</sup> March |
| CS39 Aerial cutting of trees using free fall techniques 3 days + assess | 30 <sup>th</sup> March – 1 <sup>st</sup> April                                        |
| Chainsaw Maintenance & Operations – occasional user                     | 26 <sup>th</sup> – 28 <sup>th</sup> March                                             |
| PA1 Safe Use of Pesticides Foundation Module                            | 14 <sup>th</sup> January                                                              |
| PA6 Handheld Applicators 1 day + assessment                             | 15 <sup>th</sup> January                                                              |
| PA2 Ground Crop Sprayers 1 day + assessment                             | 16 <sup>th</sup> January                                                              |
| Tractor Driving 16+                                                     | 29 <sup>th</sup> February – 1 <sup>st</sup> March                                     |
| Tractor Driving 13-16 year olds                                         | 20 <sup>th</sup> – 21 <sup>st</sup> February                                          |

### Courses arranged on demand

Safe Use of Brushcutters & Strimmers PA Boom Sprayer Air Assisted PA6AW Handheld Applicators in or near Water  
ATV refresher <> FLT Operations (Rough Terrain Telehandler) <> Safe use of pedestrian mower  
Safe use of ride-on self-propelled mower <> Safe Use of Manually Fed Wood Chipper  
Vertebrate Control (Rats & Mice) <> Safe Use of Aluminium Phosphide

## 7Y Training Services

7Y Training Centre, Wharton Farms, Wharton, Leominster, HR6 0NX

Contact: Paula Strangwood Email: [paula@7ytraining.co.uk](mailto:paula@7ytraining.co.uk) Tel: 07808 670110

| Course                                             | Dates (subject to change if numbers are low)    | Venue        |
|----------------------------------------------------|-------------------------------------------------|--------------|
| C&G Safe Use of Pesticides (PA1)                   | 14 <sup>th</sup> January                        | Leominster   |
|                                                    | 15 <sup>th</sup> January                        | Harper Adams |
| C&G Ground Crop Sprayer (PA2)                      | 15 <sup>th</sup> January                        | t.b.c        |
|                                                    | 16 <sup>th</sup> January                        | Harper Adams |
| C&G Knapsack Sprayer (PA6)                         | 16 <sup>th</sup> January                        | Leominster   |
|                                                    | 17 <sup>th</sup> January                        | Harper Adams |
| Lantra Rodent Control                              | 11 <sup>th</sup> February                       | t.b.c        |
| C&G Chainsaw CS30 & CS31                           | 20 <sup>th</sup> – 24 <sup>th</sup> January     | Harper Adams |
| Brushcutters & Strimmers                           | 3 <sup>rd</sup> February                        | Harper Adams |
| ITSSAR/Lantra Counterbalance Refresher/Experienced | 13 <sup>th</sup> January                        | Leominster   |
| Lantra Rough Terrain Telescopic Refresher          | 17 <sup>th</sup> January                        | Leominster   |
| First Aid at Work                                  | 27 <sup>th</sup> – 29 <sup>th</sup> January     | Leominster   |
| Emergency First Aid at Work                        | 3 <sup>rd</sup> February 30 <sup>th</sup> March | Leominster   |
| First Aid at Work refresher                        | 20 <sup>th</sup> & 21 <sup>st</sup> January     | Leominster   |

**Contact Paula (details above) to register your interest, and find out more about the following courses:-**

ATV Sit-astride Quad Bikes <> ITSSAR MEWP Cherry Pickers <> 360 Elevator (below 5 tonnes) <> Working at Heights  
Manual Handling (am), Fire Awareness (pm) <> Rough Terrain Telescopic, over 9m <> PA4S C&G Slug Pellets  
Confined spaces <> Driver Certificate of Professional Competence (CPC) <> Level 2 H & S in the workplace

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**Services / Job Vacancy / Items for  
sale / Looking for work ??**

Then please contact **Frances** for full details  
of the advertising packages on our

**Classified Page**

**admin@herefordshireruralhub.co.uk**  
**01432 268428**

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found on our website at

[www.herefordshireruralhub.co.uk/go-to-businesses/](http://www.herefordshireruralhub.co.uk/go-to-businesses/)

**Berrys --- DJM Consulting --- Moule & Co**

**Hope to Achieve ---7Y Training --- CXCS**

**Davis Meade Property Consultants**

**Lanyon Bowdler Solicitors**

**Mortimer Rose Wealth Management**

**Copy deadline for the next newsletter is 15<sup>th</sup> January**

*If you no longer wish to receive this newsletter, please contact Frances at Herefordshire Rural Hub*

*Email: **admin@herefordshireruralhub.co.uk***